



# FEBRUARY 2026

## GLEN ROCK

Elementary/Pre-K Lunch



POMPTONIAN  
FOOD SERVICE

### MONDAYS

SunButter & Jelly Sandwich w/ Pretzels & String Cheese

Paris Café: Assorted Cheeses w/ Sweet Grapes & a Baguette Slice or Mini Croissant

Grilled Chicken Caesar Salad w/ a Dinner Roll

### TUESDAYS

Boar's Head Turkey BLT Roll-Ups

Grab 'n Go Yogurt Box: Yogurt w/ String Cheese, Pretzels & Fruit

Healthy Hummus Meal w/ Pita Triangles & Pretzels

### WEDNESDAYS

Wild West: Boar's Head Ham w/ Cheese on a Whole Grain Wrap

Peach Yogurt Parfait w/ Granola

Grilled Chicken Cobb Salad w/ a Dinner Roll

### THURSDAYS

Grilled Chicken Caesar Wrap

Bagel Lunch: White or Whole Grain Bagel w/ Cream Cheese, Fruit & Vegetable

Chicken Chopped Salad w/ Ranch Dressing & a Roll

### FRIDAYS

Boar's Head Italian Sub

Cereal Lunch w/ a Low-Fat Cheese Stick, Yogurt & Fruit

Chicken Salad Bento Box w/ Grapes & Pita Bread

|   |  |  |  |  |    |
|---|--|--|--|--|----|
|   |  |  |  |  |    |
| 2   | BBQ Pulled Pork on a Kaiser Roll w/ Fries  | 3  | Cheeseburger w/ Tater Tots   | 4  | 5  |
| Pizzeria Pizza  |  | Beef Burger w/ Tater Tots                            | Chicken Fillet on a Kaiser Roll w/ Potato Wedges   | Organic Grilled Cheese Sandwich w/ Homemade Organic Chicken & Rice Soup  | 6  |
| French Toast Sticks w/ a Sausage Patty<br><b>Double Hot</b>             |  | Vegan Impossible Burger w/ Tater Tots                | Pizzeria Pizza   | Pizzeria Pizza   |    |
|   |  | Pizzeria Pizza                                       | Teriyaki Chicken w/ Asian Vegetables over Brown Rice<br><b>Double Hot</b>                | Popcorn Chicken Bowl<br><b>Double Hot</b>  |    |
|   |  |  | Stuffed Shells in Pink Sauce w/ Garlic Bread<br><b>Double Hot</b>                        |  |    |
| 9   | Homemade Macaroni & Cheese w/ Italian Bread  | 10   | Cheeseburger w/ Sweet Potato Fries   | 11   | 12 |
| Pizzeria Pizza  |  | Beef Burger w/ Sweet Potato Fries                    | Boneless Chicken Wings w/ BBQ Sauce & French Fries                                       | Organic Beef Burger on a Brioche Bun w/ Organic Cheddar Cheese & Ketchup w/ Fresh Baked Seasoned Potato Wedges | 13 |
| Popcorn Chicken w/ Mashed Potatoes & a Dinner Roll<br><b>Double Hot</b> |  | Vegan Impossible Burger w/ Sweet Potato Fries        | Pizzeria Pizza   | Pizzeria Pizza   |    |
|   |  | Pizzeria Pizza                                       | Beef Nachos w/ Scoops<br><b>Double Hot</b>   | Pizzeria Pizza   |    |
|   |  |  | Chicken Tenders w/ Roasted Veggies<br><b>Double Hot</b>                                  | Chicken Teriyaki Bowl w/ a Fortune Cookie<br><b>Double Hot</b>   |    |
| 16  | <b>Celebrate Lunar New Year!</b> Chicken Dumplings w/ Vegetable Fried Rice & Honey-Glazed <b>Local Carrots</b> | 17   | 3-Cheese Cavatappi w/ Dinner Roll & Side <b>Local Apple Nachos</b>                       | 18   | 19 |
| PRESIDENTS DAY  |  | Pizzeria Pizza                                       | Pizzeria Pizza   | Pancake Bites w/ Hashbrowns  | 20 |
|   |  |  | French Toast Sticks w/ Syrup, a Sausage Patty & Hash Brown Potatoes<br><b>Double Hot</b> | Pizzeria Pizza   |    |
|   |  | Chicken Nuggets w/ French Fries<br><b>Double Hot</b> |  | Popcorn Chicken w/ Tater Tots & a Dinner Roll<br><b>Double Hot</b>   |    |
|   |  |  |  | General Tso's Chicken w/ Rice & Broccoli<br><b>Double Hot</b>  |    |

|   |  |   |  |   |  |  |  |  |
|---|--|---|--|---|--|--|--|--|
| 23  |  | 24  |  | 25  |  | 26                                       |  | 27   |
| Cheese Stuffed Shells in Pink Sauce w/ Mixed Veggies                  |  | Large Hearty All-Natural Chicken Soup w/ a Whole Grain Roll |  | Organic Chicken & Cheese Quesadilla or Organic Cheese Quesadilla w/ Chips |  | Pork Sausage & Peppers w/ a Dinner Roll  |  | Organic Beef Burger on a Brioche Bun w/ Organic Cheddar Cheese & Ketchup w/ Fresh Baked Seasoned Potato Wedges |
| Pizzeria Pizza  |  | Pizzeria Pizza  |  | Pizzeria Pizza  |  | Chicken Queso Macaroni & Cheese          |  | Pizzeria Pizza   |
| Chicken Nuggets w/ Dipping Sauce & a Dinner Roll<br><b>Double Hot</b> |  | Baked Ziti w/ Garlic Bread<br><b>Double Hot</b>             |  | Chicken Fillet on a Bun w/ Mashed Potatoes<br><b>Double Hot</b>           |  | Pizzeria Pizza                           |  | Pizzeria Pizza   |
|   |  |   |  |   |  | Pasta w/ Meat Sauce<br><b>Double Hot</b> |  | Chicken & Waffles<br><b>Double Hot</b>   |

Go to  
<https://glenrock.pomptonianmenus.com/order>  
 to place an order by credit card.



Fruits & vegetables from The Farm Stand are included with lunch.

FOOD  
ALLERGIES

Allergy-Aware menus are available for students with food allergies. For more information contact your Food Service Director or see our Food Allergy Best Practices at [www.pomptonian.com](http://www.pomptonian.com).

Traditional Lunch - \$5.15 per meal  
 Double Hot Traditional Meal - \$6.75  
 Boar's Head Deli & Featured Favorite Lunches - \$5.90 (Double Hot not available)  
 Premium Lunch - \$6.15 (Double Hot not available)  
 Organic Lunch - \$7.40 (Double Hot not available)  
 2-Slice Pizza Meal - \$6.50

**Upgrade your Milk Selection!**  
 Add an Organic Milk or Organic Chocolate Milk to your order for \$3.00 found in the BEVERAGE OR SNACK menu

#### A Complete Meal Includes:

Entrée w/ Protein/Grain  
**A Trip to The Farm Stand**  
 Low-Fat Flavored Milk, Skim Milk, 1% Milk, or 4 oz. Pure Fruit Juice

Any questions, call Food Service Director at 201 445-7700 ext. 8965  
*Menu Subject to Change*

**Everything on this Menu is baked not Fried**  
*Your comments are important to us. Please email us at [comments@pomptonian.com](mailto:comments@pomptonian.com)*