



# FEBRUARY 2026

# GLEN ROCK

Elementary/Pre-K Lunch



POMPTONIAN  
FOOD SERVICE

## MONDAYS

SunButter & Jelly  
Sandwich w/ Pretzels &  
String Cheese

Paris Café: Assorted  
Cheeses w/ Sweet  
Grapes & a Baguette  
Slice or Mini Croissant

Grilled Chicken Caesar  
Salad w/ a Dinner Roll

## TUESDAYS

Boar's Head Turkey BLT  
Roll-Ups

Grab 'n Go Yogurt Box:  
Yogurt w/ String Cheese,  
Pretzels & Fruit

Healthy Hummus Meal  
w/ Pita Triangles &  
Pretzels

## WEDNESDAYS

Wild West: Boar's Head  
Ham w/ Cheese on a  
Whole Grain Wrap

Peach Yogurt Parfait  
w/ Granola

Grilled Chicken Cobb  
Salad w/ a Dinner Roll

## THURSDAYS

Grilled Chicken Caesar  
Wrap

Bagel Lunch: White or  
Whole Grain Bagel w/  
Cream Cheese, Fruit &  
Vegetable



Chicken Chopped Salad w/  
Ranch Dressing & a Roll

## FRIDAYS

Boar's Head Italian Sub

Cereal Lunch w/  
a Low-Fat Cheese Stick,  
Yogurt & Fruit

Chicken Salad Bento Box  
w/ Grapes & Pita Bread

<p>2</p> <p>BBQ Pulled Pork on a Kaiser Roll w/ Fries</p> <p>Pizzeria Pizza</p> <p>French Toast Sticks w/ a Sausage Patty <b>Double Hot</b></p>	<p>3</p> <p>Cheeseburger w/ Tater Tots</p> <p>Beef Burger w/ Tater Tots</p> <p>Vegan Impossible Burger w/ Tater Tots</p> <p>Pizzeria Pizza</p> <p>Stuffed Shells in Pink Sauce w/ Garlic Bread <b>Double Hot</b></p>	<p>4</p> <p>Chicken Fillet on a Kaiser Roll w/ Potato Wedges</p> <p>Pizzeria Pizza</p> <p>Teriyaki Chicken w/ Asian Vegetables over Brown Rice <b>Double Hot</b></p>	<p>5</p> <p> Organic Grilled Cheese Sandwich w/ Homemade Organic Chicken &amp; Rice Soup</p> <p>Pizzeria Pizza</p> <p>Popcorn Chicken Bowl <b>Double Hot</b></p>	<p>6</p> <p>Sampler Platter w/ Popcorn Chicken &amp; Pizza Crunchers</p> <p>Pizzeria Pizza</p> <p>Baked Mozzarella Sticks w/ Marinara Sauce &amp; Sweet Corn <b>Double Hot</b></p>
<p>9</p> <p>Homemade Macaroni &amp; Cheese w/ Italian Bread</p> <p>Pizzeria Pizza</p> <p>Popcorn Chicken w/ Mashed Potatoes &amp; a Dinner Roll <b>Double Hot</b></p>	<p>10</p> <p>Cheeseburger w/ Sweet Potato Fries</p> <p>Beef Burger w/ Sweet Potato Fries</p> <p>Vegan Impossible Burger w/ Sweet Potato Fries</p> <p>Pizzeria Pizza</p> <p>Chicken Tenders w/ Roasted Veggies <b>Double Hot</b></p>	<p>11</p> <p>Boneless Chicken Wings w/ BBQ Sauce &amp; French Fries</p> <p>Pizzeria Pizza</p> <p>Beef Nachos w/ Scoops <b>Double Hot</b></p>	<p>12</p> <p> Organic Beef Burger on a Brioche Bun w/ Organic Cheddar Cheese &amp; Ketchup w/ Fresh Baked Seasoned Potato Wedges</p> <p>Pizzeria Pizza</p> <p>Chicken Teriyaki Bowl w/ a Fortune Cookie <b>Double Hot</b></p>	<p>13</p> <p>Heart-Shaped Chicken Nuggets w/ a Dinner Roll</p> <p>Pizzeria Pizza</p> <p>Pasta &amp; Meatballs w/ a Dinner Roll <b>Double Hot</b></p>
<p>16</p> <p>NO SCHOOL</p> <p>PRESIDENTS DAY</p>	<p>17</p> <p><b>Celebrate Lunar New Year!</b> Chicken Dumplings w/ Vegetable Fried Rice &amp; Honey- Glazed <b>Local Carrots</b></p> <p>Pizzeria Pizza</p> <p>Chicken Nuggets w/ French Fries <b>Double Hot</b></p>	<p>18</p> <p>3-Cheese Cavatappi w/ Dinner Roll &amp; Side <b>Local Apple Nachos</b></p> <p>Pizzeria Pizza</p> <p>French Toast Sticks w/ Syrup, a Sausage Patty &amp; Hash Brown Potatoes <b>Double Hot</b></p>	<p>19</p> <p>Pancake Bites w/ Hashbrowns</p> <p>Pizzeria Pizza</p> <p>Popcorn Chicken w/ Tater Tots &amp; a Dinner Roll <b>Double Hot</b></p>	<p>20</p> <p>Sabrett All-Beef Hot Dog w/ Waffle Fries</p> <p>Pizzeria Pizza</p> <p>General Tso's Chicken w/ Rice &amp; Broccoli <b>Double Hot</b></p>

23  
Cheese Stuffed Shells in  
Pink Sauce w/ Mixed  
Veggies


Pizzeria Pizza

Chicken Nuggets w/  
Dipping Sauce & a  
Dinner Roll  
**Double Hot**

24  
Large Hearty All-Natural  
Chicken Soup w/ a  
Whole Grain Roll

Pizzeria Pizza

Baked Ziti w/ Garlic  
Bread  
**Double Hot**

25  
 Organic Chicken &  
Cheese Quesadilla or  
Organic Cheese Quesadilla  
w/ Chips

Pizzeria Pizza

Chicken Fillet on a Bun  
w/ Mashed Potatoes  
**Double Hot**

26  
Pork Sausage & Peppers  
w/ a Dinner Roll

Chicken Queso Macaroni  
& Cheese

Pizzeria Pizza

Pasta w/ Meat Sauce  
**Double Hot**

27  
 Organic Beef Burger  
on a Brioche Bun w/  
Organic Cheddar Cheese  
& Ketchup w/ Fresh  
Baked Seasoned Potato  
Wedges

Pizzeria Pizza

Chicken & Waffles  
**Double Hot**


Go to  
<https://glenrock.pomptonianmenus.com/order>  
to place an order by credit card.



Fruits & vegetables from  
The Farm Stand are  
included with lunch.

**FOOD  
ALLERGIES**

Allergy-Aware menus are available for students with food allergies.  
For more information contact your Food Service Director or see  
our Food Allergy Best Practices at [www.pomptonian.com](http://www.pomptonian.com).

Traditional Lunch - \$5.15 per meal  
Double Hot Traditional Meal - \$6.75  
Boar's Head Deli & Featured Favorite Lunches - \$5.90 (Double Hot not available)  
Premium Lunch - \$6.15 (Double Hot not available)  
 Organic Lunch - \$7.40 (Double Hot not available)  
2-Slice Pizza Meal - \$6.50

**Upgrade your Milk Selection!**

Add an Organic Milk or Organic Chocolate Milk to your order  
for \$3.00 found in the BEVERAGE OR SNACK menu

**A Complete Meal Includes:**

Entrée w/ Protein/Grain

**A Trip to The Farm Stand**

Low-Fat Flavored Milk, Skim Milk, 1% Milk,  
or 4 oz. Pure Fruit Juice

Any questions, call Food Service Director  
at 201 445-7700 ext. 8965

*Menu Subject to Change*

**Everything on this Menu is baked not Fried**

*Your comments are important to us. Please email us at  
[comments@pomptonian.com](mailto:comments@pomptonian.com)*